

THE UNITED CHARITIES OF NATHANIEL WATERHOUSE

&

JOHN MACKINTOSH MEMORIAL HOMES

COVID-19 ADVICE NOTICE FOR RESIDENTS AND RELATIVES

From June 1st 2020

The Government has now issued further advice regarding steps to reduce viral spread.

The previous advice, which still applies, for all Residents is:

- Continue to observe strict handwashing especially on entering or leaving your own home
- It is impossible to clean all the items that arrive in your home e.g. letters, shopping etc ***so wash your hands frequently***
- Unless you need to do your own shopping ***stay at home.***
- If you do visit the shops for food do this as infrequently as possible
- Do not have visitors inside your home.
- Ensure that any visitors who cannot avoid entering your home wash their hands, on arrival and when leaving
- Use the grounds of Waterhouse and Mackintosh homes to walk outside
- Do not attend medical appointments without first checking if the appointment could be done on the telephone.
- Residents who develop symptoms suggestive of Covid-19 infection (e.g temperature, cough, difficulties breathing ,

headache or loss of taste/smell) should inform the Wardens by 'phone. Do not visit neighbours, relatives or the GP surgery.

- Symptoms should be reported ***even if not severe***. Either check your symptoms on 111.nhs.uk or get your relatives, friends or the wardens to do this for you. ***Follow the advice which may be to self-isolate.***
- If you are already self-isolating and you feel more ill or are not recovering after a week contact NHS111 or your GP for advice.

The new advice is:

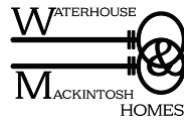
- **A group of up to six people who do not live together can now meet. This meeting must take place out of doors and personal distancing of 2m *must be maintained***
- **Do not share food or cutlery and use hand gel on arrival and departure.**
- **A group meeting outside should not mix with other groups in the area.**
- ***Anyone over 70 years old should still consider the risk of contact with others.***

The Wardens will continue to keep in regular contact with all Residents

Indoor communal areas cannot be used by either residents or any outside group

Should the Wardens become ill, the Charities will ensure that telephone contact with Residents is maintained by suitable volunteers.

Should Residents need help with shopping, this can be arranged via the Wardens or those acting on their behalf.



This information is likely to be updated as further advice is issued by the Government.

The Trustees

Waterhouse and Mackintosh Charities

30/05/20