

THE UNITED CHARITIES OF NATHANIEL WATERHOUSE

&

JOHN MACKINTOSH MEMORIAL HOMES

COVID-19 ADVICE NOTICE FOR RESIDENTS AND RELATIVES

The Government has now issued further advice regarding steps to reduce viral spread.

The previous advice, which still applies, for all residents is:

- continue to observe strict handwashing especially on entering or leaving your own home
- it is impossible to clean all the items that arrive in your home eg. letters, shopping etc so wash your hands frequently
- Unless you need to do your own shopping ***stay at home***.
- If you do visit the shops for food do this as infrequently as possible
- Do not have visitors to your home unless they are needed to bring food, social visiting should not take place
- Ensure any visitors wash their hands, on arrival and when leaving
- Use the grounds of Waterhouse and Mackintosh homes to walk outside
- Do not attend medical appointments without first checking if the appointment could be done on the telephone.

- Residents who develop symptoms suggestive of Covid-19 infection (eg temperature, cough, difficulties breathing and headache) should inform the Wardens by 'phone. Do not visit neighbours, relatives or the GP surgery. Symptoms should be reported even if not severe. Either check your symptoms on 111.nhs.uk or get your relatives, friends or the wardens to do this for you. Follow the advice which may be to self-isolate.
- If you are already self-isolating and you feel more ill or are not recovering after a week contact NHS111 for advice.

The new advice is:

- **You can now meet one other person who does not live with you. This meeting must take place out of doors and distancing of 2m must be maintained**
- **However, anyone over 70 years old should still minimise contact with others.** This means that the sort of outside meetings described should be infrequent.

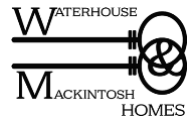
The Wardens will continue to keep in regular contact with all residents

Indoor communal areas cannot be used by either residents or any outside group

Should the Wardens become ill, the Charities will ensure that telephone contact with residents is maintained by suitable volunteers.

Should Residents need help with shopping, this can be arranged via the Wardens or those acting on their behalf.

This information is likely to be updated as further advice is issued by the Government.



The Trustees

Waterhouse and Mackintosh Charities

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