



**THE UNITED CHARITIES OF NATHANIEL WATERHOUSE  
& JOHN MACKINTOSH MEMORIAL HOMES**

**COVID-19 ADVICE NOTICE FOR RESIDENTS AND RELATIVES**

**From Monday 17<sup>th</sup> May the updated Government advice is:**

- A group of up to 6 people from more than 2 households or an unlimited number of people from only 2 households can meet **indoors**. Social distancing is not mandatory but instead you are advised to 'use caution'
- A group of up to 30 people are allowed to meet outdoors
- When thinking about meeting up with others consider:
  - Meet outside if possible as this is much safer
  - Minimise the number of people and the length of time that you are in close contact.
  - Maintain distance when possible
  - When meeting indoors arrange as much ventilation as possible.
  - Wearing a mask reduces risk

**In Addition:**

- Wash your hands frequently particularly on entering or leaving your own home
- Wear a mask in shops, on public transport and in indoor public spaces
- Residents who develop symptoms suggestive of Covid-19 infection (eg temperature, cough, difficulties breathing, headache or loss of taste/smell) should inform the Wardens by 'phone. Do not visit neighbours, relatives or the GP surgery. Symptoms should be reported even if not severe. Check your symptoms on [111.nhs.uk](https://111.nhs.uk) or get your relatives, friends or the wardens to do this for you. If you think you have a Covid-19 infection speak to your GP for advice or ring NHS 111

This information will be updated as further advice is issued by the Government.

The Trustees

Waterhouse and Mackintosh Charities

15<sup>th</sup> May 2021