

Mackintosh Times

Welcome to the August edition of the Mackintosh Times newsletter. This year seems to be flying by! In this edition of the Mackintosh Times we have updates from our social events, future events and some details of other local activities.

Back in Time with HATY



On 14th May 2023 HATY visited us to perform 'Back in Time' which was a fantastic production of songs from early music hall and musicals. We all thought they were amazing and even



Upcoming Events

August 4

Coffee Morning with 'scam workshop' by Julie
10:00am

August

Social TBC

September 6

Coffee morning 10:30am

Site updates

The work on number 12 has now been completed and our new resident Teresa has moved in.

Our vegetables at Waterhouse are starting to grow! If anyone would like any of the vegetables please ask John or Cath so they can get this for you.

brought some of us to tears. HATY loved visiting us and have agreed to come back around Christmas time... we can't wait!

Armchair Yoga

Benefits of Yoga-

- Helps to strengthen bones
- Reduces stress and helps mental health
- Improves sleep
- Helps flexibility and mobility
- Helps aches and pains

Armchair Yoga by Adele runs 2.00-3.00pm every other Tuesday in the Community Room at Waterhouse Homes. Friends and family are welcome.

The cost per resident is £4.00 per session. Please note the Charity contributes towards the total amount to keep the cost as low as possible.

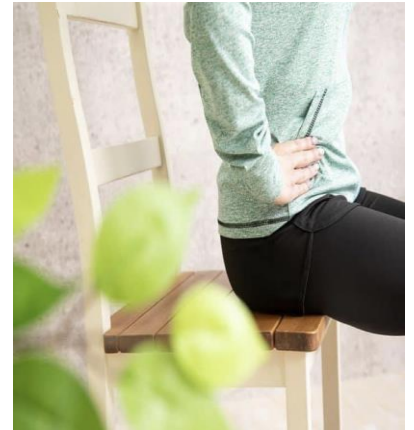
Everyone is very welcome- so if you know anyone that wants to come along please contact Cath (07855 331150) to book a session.

Kings Charles III Coronation Party

Nearly 40 residents attended our Coronation Party and it was a great success. We raised over £130.00 for Overgate with our raffle.

Next time we will make sure we have raffle tickets in very different colours! Many thanks to Pam for all her help with the raffle.

We had a lovely buffet which was provided by Willow Tree Café in Sowerby Bridge, with delicious additions from Maureen and Pam. Thank you to everyone that helped and contributed to make our party such a success.



Welcome to our new residents

Teresa has moved into number 12 Mackintosh Homes. Thank you to all the residents for making Teresa feel welcome at Mackintosh Homes.

Social Events

In addition to the HATY and the Coronation party we have held coffee mornings and a fish and Chips dinner.

In August we are also looking at putting on a Summer get together with a 'bring and buy sale' if there is enough interest- please let us know what you think and if this would be something you'd like us to arrange?

Even though we are in the middle of Summer (not that it seems it at the moment with the current weather!) our minds are starting to think about Christmas... sorry! Alongside planning social events we would also like to take part in the Halifax Minster's Christmas Tree Festival again. If anyone has any ideas for the tree or would be interested in helping us decorate our Halifax Minster tree please let us know.

Betty Martin's 90th Birthday!

Betty (who lives at Waterhouse) celebrated her 90th birthday by having a party in the Community Room, and everyone had a fantastic time! Betty would like to thank everyone for attending and their thoughtful cards and gifts.

Local activities/ events

The Maurice Jagger Centre.

The Maurice Jagger is located opposite the bus station, down Winding Road, and has a function room which hosts a variety of activities. They hold a very popular lunch club every Wednesday and Thursday, with the exception of 6 weeks a year- when they give their hard working volunteers a well deserved break. The cost of the 3 course lunch is £5.00 and consists of soup, a main course desert and tea/coffee. You do have to book, as it is not a walk in service, and they can be contacted on 01422 364691. They do also offer a transport service but this also needs to be booked in advance.

If you want any further information or would like us to contact them on your behalf please let us know.

The Old Courthouse

In the old Courthouse at Blackwall, just a short walk from Waterhouse Homes, there are a number of business including a coffee shop called Rhythm and Brews.

Calderdale Music is holding a 'Music at The Magistrates Court' event on Tuesday 12th September 2023:

- 6:00-6:30pm: Live music at Rhythm and Brews café, song lyrics and sheet music will be provided if you want to play or sing along or just come and listen with a brew!
- 6:30pm- 6:50pm: Guided tour of the building (not usually open to the public).
- 6:50pm-7:10pm: Singing workshops in Courtroom One with Cube Choir (you are welcome to listen if you don't want to take part).

The AccessBus

AccessBus is a dial-a-ride service providing door to door local transport, seven days a week between 9am and 5pm.

The driver assists passengers from door to door, including boarding and alighting. The buses are fully accessible, fitted with seatbelts and the most up to date wheelchair restraints.

Travel is restricted to local journey and most are for shopping purposes such as to the local supermarket. They do provide a limited number of journeys for social purposes such as local community centres, places of worship and visits to family and friends.

It is unlikely that AccessBus will be able to cater for day and time-specific requests and to make best use of vehicles they serve certain areas on set days, allocating places to customers to travel on the day when the bus is in their area.

Anyone of any age can register for AccessBus. To register you can call them on 0113 3481903, Monday to Friday between 7.30am and 4.00pm. You can also print an application online on the WyMetro website (or ask Cath to print this for you).

Once you are registered you receive a welcome letter with a reference number and details of how to book the service. They take reservation bookings a maximum of 6 days and a minimum of two days in advance of travel.

People with ENCTS permits, such as Senior, Disabled or Blind persons pass travel FREE.

For other adults there is a flat fare of £3.00 each way.

Cath and John - holiday dates

On 21/08- 25/8 we are taking holiday but Carol and John will provide cover. The rounds will be completed on one day during this time, and they will have the work phone for any emergencies.

Fun facts!

- In 1928 a pint of milk cost 1.3p.
- The Earl of Sandwich invented the sandwich in 1762 and August is now named as national sandwich month.
- We (UK) drink 36 billion cups of tea per year (Cath definitely contributes to this high figure with her many cups of tea!).